

Rainbow Foundation

Fundraising Pack



Thank You



Thank you for choosing to fundraise for the Rainbow Foundation. There are so many ways you can raise money and, whether you're abseiling or hosting an afternoon tea, this pack contains all the information you need to get started.

By raising funds for the Rainbow Foundation, you will be helping to support adults of all ages in our community to live active, independent, fulfilling lives – and we're here to support you every step of the way.

Let's get started!

How You Can Make a Difference

Our Rainbow Hubs provide a holistic offer across a range of services, all under one roof, such as Day Opportunities; peer support and social interest groups; access to showers, a hairdresser and chiropodist; community transport; our Active Futures exercise programme and Rainbow Meals service. Our services work towards improving mental wellbeing, reducing frailty and falls and supporting those living with dementia.

Our Social Prescribing team work across our communities to help people with poor health and pain management; loneliness and isolation; low mood and anxiety; grief; financial worries; lifestyle changes and goal setting.

Your fundraising will enable us to continue to provide these vital services to our clients, as well as being able to widen our reach in order to support even more people.

£20

Funds a home visit for someone at risk of falls, helping them stay safe, maintain their independence and avoid unnecessary hospital admission.

£50

Provides art and craft supplies for our clients across both hubs, offering a calming, creative outlet that supports wellbeing, self-expression and social connection.

£100

Could pay for a month's chicken feed for our five much-loved hens, who provide comfort and sensory enrichment for our clients. (Their names are Houdini, Dame Edna, Lily Savage, Steve's Lava Chicken and Henrietta!)

£125

Funds a free Dementia Friends information session, helping staff, volunteers and community members gain the knowledge and confidence to better support people living with dementia.

£150

Enables us to book a live singer to perform at all three hubs, bringing joy, shared memories and opportunities for clients to sing along and socialise.

£400

Could fund a seaside day trip for our Day Opportunities clients, creating lasting memories while encouraging social interaction, sensory stimulation and enjoyment of the outdoors.



An A-Z of Fundraising

If you want to fundraise for us but you're not sure what to do, here is an A-Z list of ideas to inspire you!

A Afternoon tea



B Birthday fundraisers on social media, such as Facebook

C Coffee morning

D Danceathon

E Exercise challenge

F Fancy dress day



G Guess how many (sweets in a jar, etc)

H Halloween party



I International food night

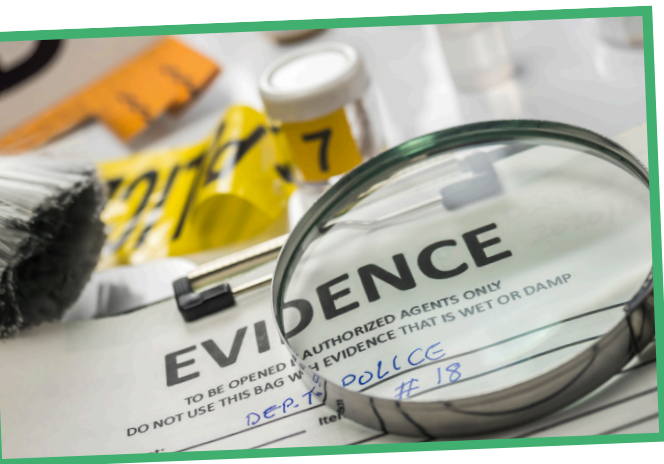
J Jumble sale

K Karaoke night



L Luncheon

M Murder Mystery



N Name the teddy bear

O Own clothes day

P Paint and Sip

Q Quiz night

R Raffle

S Sponsored Swim



T Treasure hunt

U Upcycling



V Virtual challenges

W Walking challenge

X X-Factor night

Y Yogathon



Z Zipwire

Top Tips For Planning Your Event

Decide on Your Fundraising Activity

Your activity might dictate the time of year you do it – a picnic in December might not get as many takers as one in June! Once you've decided on your activity you need to decide when and where to do it. If you're holding your event or activity at a business or organisation, such as a pub or village hall, make sure you check everything with them before you start inviting people.



Fundraisers Assemble!

Ask your friends or family to pitch in and help you organise your fundraising activities. Local clubs and businesses might also be able to help you with things like volunteers, a venue, raffle prizes or some publicity.



Spread the Word



Use social media, posters, What's App groups or the local newspaper to spread the word about your fundraising. The more people know about it, the more you'll be able to raise.

Don't forget to tell us about your fundraising too, so we can share your amazing work on our social media channels. Make sure you tag us in any social media posts you make about your fundraising activities.



Make Donating Easy

Give people the option of donating online as well as with physical cash. Visit our [JustGiving page](#) and hit the Start Fundraising button.

You can get help with setting up your own JustGiving page [here](#).



Following the Rules

Keeping everyone safe is very important, so make sure you look at the Important Information section on the Health, Safety and Legalities page.

Certain fundraising activities have to comply with regulations, such as raffles, or if alcohol is involved. You'll find a guide to keeping everything legal on the Health, Safety and Legalities page.



Pay in Your Donations

If your fundraising has been done through JustGiving, the money will come directly to us. If you've collected cash donations, use the form and banking details on page * to pay in your donation.



Useful Resources

Fundraising Materials

We've designed some fundraising materials which will help you brand your event and let everyone know who you're supporting. You'll find bunting, posters, cake flags, sponsorship forms, a money box and more! Just download them from our website and print them out.



Gift Aid

Gift Aid allows us to claim an extra 25p on every £1 donated, which makes a huge difference to us.

You cannot claim Gift Aid on behalf of the people who have donated to or sponsored you. Each person has to **complete their own Gift Aid declaration** and provide their full name and full address (including their postcode) if you're using physical sponsorship forms. An online donation page such as JustGiving will take care of this for you when people sign up to donate.

Payment Instructions

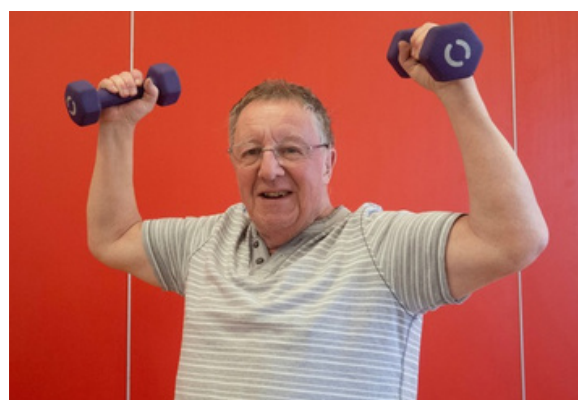
Online

You can either make donations through our [JustGiving page](#) or make payments using our bank details:

The Rainbow Foundation
Sort Code: 08-92-99
Account number: 67283200
Bank: Co-Op
By Post

You can also send a cheque made payable to The Rainbow Foundation, to:

The Rainbow Foundation
Rainbow Centre
Penley
Wrexham
LL13 OGB



Health, Safety and Legalities

Raffles, Lotteries and Competitions

Raffles, lotteries and competitions are a popular way to fundraise, but there are laws and regulations which cover this type of activity.

You can find out more on the [Gambling Commission website](#).

Food Hygiene

If your event involves food, you need to abide by food safety laws. You can check the latest food hygiene regulations on the [UK Government website](#).

Permissions, Insurance and Licensing

You will be responsible for obtaining the correct permissions and licenses needed to hold your event. Make sure you have the consent of the venue owner before organising your event, or council permission if you are using a public space.

It will also be your responsibility to make sure you have the correct insurance to cover your event and any vendors who attend.

If you are under the age of 18, you must have adult supervision and involve them when you are planning your event.

Check all the regulations [here](#).

Collecting Money

Please do not do house-to-house or on-street collections - you need a specific license to carry out this sort of collection.

Children should not collect money without an adult present.

Photos

If you take photos of people at your event, you need their consent before you share them publicly.

