

Job Description:	Social Prescriber
Reporting to:	Social Prescribing Service Manager
Location:	based across Wrexham in GP practices, the Wrexham Wellbeing Hub, Adult SPOA, hospital settings and community venues, including outreach into rural communities and areas of highest need, with office provision at one of the Rainbow Foundation's wellbeing hubs at the Rainbow Centre in Penley or Piercy Hall in Marchwiel.
Salary:	£29,960 (pro rata) plus works pension and employee benefits
Hours:	Full Time (37.5 hours per week), and part time roles available
Annual Leave:	33 days a year incl. bank holidays.
Employee benefits:	Paid travel between sites Holiday pay and pension scheme. Full training and support given. Supportive team environment where you can make a real difference and support community.
Contract:	Permanent (subject to continuous funding)
Closing date:	Monday 9th November 2026
To apply:	submit your CV with a cover letter (no more than 2 sides of A4) responding to the main points in the person specification to be considered at application stage (A)
Submit to:	careers@rainbowfndn.org.uk

If you would like to discuss the role in more detail, please contact Lisa White at the Rainbow Foundation on 01948 830730.

About the Rainbow Foundation

The Rainbow Foundation is an active ageing charity which has worked to improve the health and wellbeing of our communities for over 32 years, and now supports more than 7,000 people each year across Wrexham and North East Wales. We have provided Social Prescribing across Wrexham since 2019 and contributed to the development of the Welsh Government Social Prescribing Framework. Our awards include Best Mental Health Support Service (Wales) 2024, the GSK IMPACT Award

with The King's Fund and Bevan Commission Exemplars, and we are rated Excellent for Wellbeing by Care Inspectorate Wales (2025).

All our services put the needs of our clients and staff at the forefront of what we do. As a charity we are driven by excellence over profits.

Rainbow's Strategy and Vision

Vision: Of an age friendly community in which people lead healthy fulfilling lives as engaged citizens, with right of access to quality services both in their locality and according to their needs.

Mission: To empower people of all ages to retain as much independence as possible with an emphasis on rights, value and contribution, and to support people to regain their sense of worth and discover their full potential, by supporting them in making changes to bring this potential into the world and ensuring their voice is heard.

Our Purpose: We are doers. We are a community. We change lives.

Our Values: Passion Ambition Respect Dignity Opportunity Empowerment

Passion – for our cause and the challenge that lies ahead

Ambition – to go the extra mile and drive the change that must happen

Respect – for ourselves, each other, our volunteers, our partners and our beneficiaries

Dignity – for our beneficiaries, listening and valuing their judgments and concerns to ensure they have better control over their lives; ensuring decisions are made with their input about their health or their own individual needs that is critical to a sense of dignity and self-esteem.

Opportunity – for our staff to create impact, and for beneficiaries to thrive by embracing the 5 ways to wellbeing; connect with others, be physically active, learn new skills, give, and pay attention to the moment.

Empowerment - empowering our clients to live their best life, and empowering our staff to deliver the best service possible so we deliver and achieve the most for our clients

If you are aligned to our mission and values now is an exciting time to join team Rainbow, in a role that will be both personally rewarding and make a real difference to the lives of those we support.

inclusive culture # belong # create real impact # grow

Your role: job summary

We have been awarded the contract for the Wrexham-wide Social Prescribing and Community Wellness Service, commissioned by Wrexham County Borough Council (WCBC) in partnership with Betsi Cadwaladr University Health Board (BCUHB), for residents aged 25 and over. It builds on what already works and is delivered with Citizens Advice Wrexham as our specialist advice partner, addressing the needs of residents across the whole of the County.

Social Prescribing connects people with non-clinical support for the social, economic and environmental factors affecting their health. Our System Ready model works

around the person: psychologically and trauma-informed practice; practitioners embedded in GP practices and neighbourhoods; and integrated working across health, social care and the voluntary sector. The service is non-clinical and preventative – it does not provide counselling, crisis response or clinical treatment.

The new service brings more outreach into rural communities and areas of highest need, Citizens Advice integrated into the pathway, and a presence at the Wrexham Wellbeing Hub, Adult SPOA and Wrexham Maelor Hospital. We follow the nationally aligned pathway – What Matters conversation, co-produced wellbeing plan, warm handovers, review and planned closure – in line with the National Framework for Social Prescribing and the HEIW Competency Framework.

Role Responsibilities:

Referrals and access

- Receive self-referrals and professional referrals (GP practices; BCUHB teams including Wrexham Maelor, the Emergency Department and Minor Injuries Units; Adult SPOA; Adult Social Care; housing and community partners) – a ‘no wrong door’ approach.
- Maintain a presence in aligned GP practices and cluster triage/MDT meetings, and support the service at the Wrexham Wellbeing Hub and Adult SPOA, including step-down from statutory services.
- Offer pre-referral advice to professionals and keep referrers and GPs (with consent) updated, including a closure summary.
- Deliver support in trusted community venues and through outreach into rural communities and areas of highest deprivation with flexible, non-digital and home-visit options where appropriate and safe.

Person-centred support

- Hold structured ‘What Matters’ conversations and co-produce strengths-based wellbeing plans.
- Work in a trauma-informed way within the boundaries of a non-clinical service, escalating promptly where specialist clinical, safeguarding or urgent needs are identified.
- Provide multi-contact support, review and planned closure, with warm handovers and supported introductions to community groups, peer support, volunteering, learning and activities.
- Address the wider determinants of wellbeing (housing, income, employment, transport, caring), referring to Citizens Advice for debt, benefits, housing or legal issues while retaining case ownership, and to community outreach for practical support.
- Promote statutory advocacy, and make reasonable adjustments for people with additional needs, including dementia, caring roles, neurodivergence, learning disability or sensory impairment.
- Deliver the Welsh Language Active Offer and arrange translation for other community languages where needed.

Partnership and community connection

- Build effective relationships with GP practices and clusters, WCBC, BCUHB, AVOW, Citizens Advice and networks such as Ageing Well Wrexham and the Wrexham Poverty Action Collaborative.
- Use DEWIS Cymru as the primary directory of community assets and help keep it up to date.
- Identify gaps and share evidence so that partners can develop community-led responses (the service enables, rather than directly delivers, community activities).
- Promote the service across Wrexham, with a focus on seldom-heard and under-represented groups.

Recording, outcomes and quality

- Keep accurate, timely records on Elemental (and Mosaic where required), including equality data and Welsh language preference.
- Complete outcome measures (SWEMWBS, ONS4, UCLA Loneliness Scale) and contribute statistics and case studies to evaluation and contract reporting.
- Handle information securely under UK GDPR, the Data Protection Act 2018 and WASPI, using approved secure channels, and AI tools only as permitted by Rainbow policy.
- Manage your own caseload safely, raising capacity or risk concerns with your manager early.
- Follow lone-working and health and safety protocols for venues, outreach and home visits.

Other duties:

- Carries out additional tasks that may be required from time to time to achieve agreed service outcomes
- Completes mandatory and commissioner-required training before independent practice, with annual refreshers.
- Takes part in regular supervision, reflective practice, case-file audit and annual appraisal, with an Individual Learning Plan.
- Maintains confidentiality of all information and records relating to the work of the Rainbow Foundation and work undertaken for monitoring and evaluation purposes.

PERSON SPECIFICATION

Post: Social Prescriber

Key: A = evidence in your application I = evidence at interview

SKILLS ATTRIBUTES KNOWLEDGE AND EXPERIENCE	
Essential	Experience in supporting people to improve their health and wellbeing and in making positive behavioural changes (A) Experience of providing information to members of the public using active listening skills (A) IT skills, including Microsoft Office and electronic case management systems, to record accurately and communicate effectively (A) Experience in Motivational Interviewing, Active Listening and/or Health Coaching (A) Experience of supporting adults to deal with life challenges (A) Meets the competencies in the profile below (A&I) Non-judgemental and positive in outlook, with a desire to support people and deliver good customer service (A&I) Knowledge of how lifestyle can impact on health (A&I)
	Knowledge of safeguarding issues for vulnerable adults.(A) Understanding of strengths-based, trauma-informed practice, or willingness to train (A&I) Commitment to tackling inequalities and reducing barriers for people often excluded from traditional services (A&I) Understanding of the boundaries of a non-clinical role, including when and how to escalate safeguarding, clinical or urgent concerns (I) Willingness to complete mandatory training before independent practice, and to work towards a Level 3 Social Prescribing qualification if not already held (A&I) Capacity to travel across Wrexham, including rural communities (A) Willingness to work outside normal office hours when required (A&I) Subject to an enhanced DBS Check (A)
Desirable	Experience of working with other health professionals (A) A Level 3 Social Prescribing qualification, or recognised equivalent experience (A) Welsh language skills (A&I) Knowledge of the local area and services available to adults across Wrexham, including DEWIS Cymru (A&I) A recognised Counselling, Motivational Interviewing, Social Work qualification (or similar qualification or experience) (A)

	Knowledge of 'What Matters' conversations, the National Framework for Social Prescribing and the HEIW Competency Framework (A&I) Experience of using validated wellbeing outcome measures, such as SWEMWBS, ONS4 or the UCLA Loneliness Scale (A)
Others	Must have a car and driving licence (A)

Social Prescriber – Competency Profile

This competency profile is aligned to the HEIW Competency Framework for Social Prescribing Practitioners and is used in recruitment, induction, supervision and appraisal.

Caseload Management / Delivering Quality: Maintains client files to quality standards; abides by policies and procedures, particularly safeguarding; proactively identifies improvements; pays attention to detail and uses resources efficiently.

Managing Complexity: Gathers information from a broad range of sources; focuses on practical solutions; picks up new information quickly and negotiates to get work completed.

Customer Service: Knows and communicates what the Rainbow Foundation and other local organisations can offer; adapts communication to need; builds responsive relationships with people and partners; values diversity and challenges discrimination and barriers to access.

Team Working: Respects and supports the team; listens carefully and offers constructive views; shares information openly and appropriately.

Self Awareness: Identifies and manages sources of personal stress; recovers quickly from setbacks; seeks advice and feedback; identifies new skills and knowledge needed to move forward.

Adapting to Change: Approaches new tasks with energy and enthusiasm; remains positive in times of change; open to new ways of working; willing to replan at short notice.

Confident Decision Making: Acts consistently and with integrity; refers decisions upwards when appropriate; maintains confidentiality; works independently and decisively.

Professional Competence: Seeks professional development; respected for their skills and knowledge; aware of information and services locally, regionally and nationally.

The Rainbow Foundation is an accredited Real Living Wage employer, we have an Employment Assistance Programme in place to support our staff's wellbeing, and are an Equal Opportunity employer.

